

## disclosure statement/consumer rights and consent to treatment

### **Doreen Dubs, MA, LPC**

Licensed Professional Counselor  
16523 Alcott Place  
Broomfield, CO 80023  
(303) 502-4426

### **Current Degrees/Credentials:**

BA English/Middle School Education  
MA Community Counseling  
National Certified Counselor (Board Certification)  
Licensed Professional Counselor (Colorado License #4568)

The Colorado Department of Regulatory Agencies has the general responsibility of regulating the practice of Licensed Professional Counselors. The agency within the Department that has responsibility specifically for Licensed Professional Counselors is in the Department of Regulatory Agencies, Mental Health Section. Any questions, concerns, or complaints regarding my services may be directed to:

Mental Health Occupations  
Grievance Board  
1560 Broadway, Suite #1350  
Denver, Colorado 80202  
(303) 894-7766

### **Client rights and important information:**

- A. I normally conduct an intake assessment for the first session that lasts 45-60 minutes. During this time we can both decide whether I am the best person to provide the services you need to meet your treatment goals. If psychotherapy is begun, I will usually schedule one 60-minute session per week at the time we agree on although some sessions may be longer or more or less frequent.
- B. 24-hour advanced notice is required for cancellations. If advanced notice is not provided, clients will be charged for the missed session. Emergency situations (i.e., severe illness, death in the family) are exceptions to this rule and will be evaluated and discussed in the context of treatment on a case-by-case basis.
- C. The fee for my services will be discussed with you as soon as is possible in the treatment. My full fee for individual and couples is \$140.00 per session. I also offer reduced fee if you feel you might require it. This will be agreed upon during the first session.
- D. Payment for each session is required at the time it is held unless we agree otherwise. Payment schedules for other professional services will be agreed to when they are requested. In circumstances of unusual financial hardship, I may be willing to negotiate a fee adjustment or payment installment plan. If your account has not been paid for more than 60 days and arrangements for payment have not been agreed upon, I have the option of using legal means to secure your payment. This may involve hiring a collection agency or going through small claims court. If such legal action is necessary, its costs will be included in the claim. In most collection situations, the only information I release regarding a client's treatment is his/her name, the nature of services provided and the amount due.
- E. Psychotherapy is an active and cooperative effort involving both client and therapist. It can have benefits and risks. Because therapy often involves discussing unpleasant aspects of your life, you may experience uncomfortable feelings. On the other hand, psychotherapy has also been shown to have benefits for people who go through it. As your therapist, I am committed to providing services consistent with standard psychological knowledge and practice and to adherence to applicable state laws and professional ethics. However, I cannot guarantee particular benefits or outcomes for your therapy experience. If you should have any concerns about your progress or the results of your therapy, I encourage you to discuss those concerns with me at any time.

- F. Clients can seek a second opinion from another therapist or terminate therapy at any time. It is requested that if you decide to terminate, this decision will be shared during a therapy session so that the personal meaning of termination can be explored in the context of the therapeutic relationship and appropriate recommendations and referrals can be made.
- G. In a professional relationship, sexual intimacy is never appropriate. If sexual intimacy occurs, it should be reported to the Department of Regulatory Agencies, Mental Health Section (contact information is listed above).
- H. Generally speaking, the information provided by, and to, a client during therapy sessions is legally confidential. This means that I cannot be forced to disclose information without client consent. Information disclosed in sessions is privileged communication and cannot be disclosed in any court of competent jurisdiction in the State of Colorado without the consent of the person to whom the testimony sought relates. There are exceptions to the general rule of legal confidentiality. These exceptions are listed in the Colorado statutes (C.R.S. 12-43-218). Be aware that provisions concerning disclosure of confidential communications shall not apply to any delinquency or criminal proceedings, except as provided in section 13-90-107 C.R.S. There are exceptions that I will identify to you as situations arise in therapy. Limits of confidentiality include reports of intention to harm self or others. I will need to break confidentiality to keep people safe. In addition, if you report that you know of child abuse or molestation and who is committing it, I am a state mandated reporter of this information.
- I. If you are under 18 years of age, please be aware that the law may provide your parents the right to examine your treatment records. It is my policy to request an agreement from parents that they give up access to your records. If they agree, I provide them only with general information about our work together, unless I feel there is a high risk that you will seriously harm yourself or someone else. In this case, I will notify them of my concern. Before giving them any information (except in the case of you being an imminent risk to yourself or someone else and not in a state to give verbal or written consent), I will discuss the matter with you and do my best to handle any objections you may have about what I am prepared to discuss.
- J. I am not an emergency service provider. If you experience a crisis and are in need of urgent or emergent services, call 911 or go to your nearest hospital emergency room for immediate attention. I urge you to inform me of these events as they may impact your therapy.
- K. The State of Colorado requires all new clients be informed of the qualifications of the counselor they choose. My qualifications are as follows: I am a Licensed Professional Counselor (LPC) in the state of Colorado, license number 4568. In order to obtain a professional counseling license in the state of Colorado, one must have a Master's Degree in Community Counseling, pass the state board and jurisprudence exams, and accrue 2000 post-baccalaureate supervised counseling hours. In addition, I have been in practice since 2003.
- L. In light of the situation created by the Coronavirus (Covid19) I have moved from in-person sessions to tele-health sessions. This means we will meet via Skype, GoogleMeet or FaceTime. These are the three modalities approved by the Colorado Department of Regulatory Agencies (DORA) for the duration of this unprecedented times. The confidentiality of these modalities is subject to the terms and conditions of their providers.

If you have any questions or would like additional information, please feel free to ask.

\*I have read the preceding information and understand my rights as a client.

---

Client Signature

---

Date

---

Client Signature

---

Date

---

Therapist Signature

---

Date